



# The Good Shepherd News

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## A Word from the Pastor

Brothers and Sisters in Christ,

I'm really going out on a limb here. After much prayer and consideration, I feel compelled to offer the following 12-week sermon series on marriage and family. (Yes, 12 weeks!) Below is a list of themes to be covered along with a theme verse:

- |                           |                              |
|---------------------------|------------------------------|
| February 5 <sup>th</sup>  | 1. God Created Marriage      |
| February 12 <sup>th</sup> | 2. Family Is a Blessing      |
| February 19 <sup>th</sup> | 3. "Mutual Help and Support" |
| February 26 <sup>th</sup> | 4. "Delight In Each Other"   |
| March 5 <sup>th</sup>     | 5. Children Are a Blessing   |
| March 12 <sup>th</sup>    | 6. Children Are a Blessing 2 |
| March 19 <sup>th</sup>    | 7. Authority in Marriage     |
| March 26 <sup>th</sup>    | 8. Being A Christian Man     |
| April 2 <sup>nd</sup>     | 9. Being A Christian Woman   |
| April 9 <sup>th</sup>     | 10. The Adulteress           |
| April 16 <sup>th</sup>    | Easter Sunday                |
| April 23 <sup>rd</sup>    | 11. Handling Infidelity      |
| April 30 <sup>th</sup>    | 12. Instructing Children     |

- |                       |
|-----------------------|
| Genesis 2:24          |
| Psalm 68:6            |
| Genesis 2:18          |
| Proverbs 5:19         |
| Psalm 127:3           |
| Psalm 127:5           |
| Ephesians 5:25        |
| 1 Timothy 6:11        |
| 1 Peter 3:6           |
| Proverbs 5:5          |
| (Trad. Easter Sermon) |
| Hosea 3:1             |
| Proverbs 22:6         |



Why such a series? Why now? I can't answer the "why now" question as it is a gut feeling that I need to tackle this project immediately. As to the reason for the series, it has become increasingly clear that the largest factor in the decline of the church over the past half century is the weakening and breakup of the so-called "traditional" family. Our churches are suffering the ravages of promiscuity. Our birthrate, and now even our marriage rate, have fallen off significantly. Many people no longer understand God's plan for marriage, gender roles, children, and the value of family. These are the topics that must be addressed if we are to live in anything resembling a Christian nation in the future.

I realize that this is old news to most of you. (At least I hope it is!) I know that we can't turn back the clocks, have more children, etc. "That ship has sailed." But we owe it to our Lord, if not ourselves, to teach Biblical values to anyone the Holy Spirit draws to us.

Please invite your friends, family, anyone who has an interest. Please prayerfully consider how you may help in this cause. With God's help, our grandchildren's children might be blessed.

God's blessings!

**PASTOR BRUCE**

March Newsletter articles will be due no later than Friday February 17, 2017. Please email your article to [office@titusvillelutherans.org](mailto:office@titusvillelutherans.org) or leave it in the church office by Friday, February 13. Thank you to all who contribute every month.

## LWML NEWS



The Space Coast Zone Board of Directors Meeting will be hosted by Good Shepherd church February 18, 2017 10 am in the large classroom in Shepherd's Hall. All Shepherd's Daughters are welcome to attend. Refreshments and a light lunch will be served. Any Shepherd's Daughters planning to attend contact Beverly Torbert 264-0222 or 305-335-1769 so we can prepare an appropriate amount of food. A free will offering will be gathered to defray costs.

### Lunch Bunch



February's Lunch Bunch Will Be Meeting on Thursday February 23rd, 11:30 am, at the Indian River Preserve Golf Club, Mims, Fl. Come And Join Us For Good Food And Fellowship. Any Questions.Call Gary or Barbara Gullikson at 267-0777. Please see the signup sheet on the board in the Narthex or on the table in the back of Shepherd's Hall to sign up.



### Annual Book Sale

The annual Book sale will be Saturday, Feb. 18 from 8:00 A.M. to 2:00 P.M. We will be setting up on Friday evening (Feb. 17) starting at 7:00pm. We would appreciate some volunteers for the set up on Friday. We will have sandwiches and snacks to eat. So come and enjoy some food and drinks and get things set up. We will need volunteers for the clean up on Saturday also.



We are planning to auction off a basket with lots of items. If you have anything to re-gift, please call Judy Bross at 268-4229. The profits from this event will go to the building fund.



Start telling all your friends about this and come and stock up on books. Thank you in advance for your participation.



My family and I wish to thank everyone for their prayers, cards and visits during my recovery. A special thank-you to Joe Laberge, Lynn Edlund and Gary Gullikson for the ramp which made it easy for me to get in and out of the house. Thank you to Ron Forte and anyone else that donated the materials for the project.

Betty Rowett



## FROM YOUR HISTORIAN

Absolutely loved last month's article submitted by Head Elder Dick Steller which briefly outlined identities of the Board of Elders and their duties. Now we know Who is Who and realize how blest we are at Good Shepherd in having such dedicated men assisting Pastor Bruce. A slight change: Art Kranz plays a saxophone, and his next solo won't sound like a trombone being played from the church balcony. (Is it a tenor or alto sax?) Lots happens up there, and your attention is called to one of the photos on page one of the 2016 church pictorial directory (thanks, Helen and Joe!). The balcony will be mentioned again in next month's "Newsletter" featuring memories of our Super Elder. His name won't be mentioned in connection with the information, but you'll remember who he was if you were around at that time.

Back to the photo: You'll see Keith Werden sitting at his post by the railing, and we trust that he will be back there by the time this is printed and distributed. In the meantime, he was sidelined with a sudden heart attack, received emergency surgery and experienced several weeks of healing therapy in a local facility. Am happy to report that he has now returned to his home, dad and dog. We are thankful to the Lord that the attack took place at the Parrish Wellness Center where he was whisked away to the hospital and the life-saving surgery obviously needed. Thanks is also due Bill Makey who continued recording the pastor's sermon c.d.'s during Keith's absence. Bill and his staff are located on the balcony (with the organists) operating the overhead visual screen up front.

May God's Blessings continue to all!

Your Historian

\* \* \* \* \*

Elizabeth Nething



### February Birthdays

1 <sup>st</sup>	Diana Good	16 <sup>th</sup>	Al Werden
7 <sup>th</sup>	Joy Vandyke	20 <sup>th</sup>	Callie Hoffman
11 <sup>th</sup>	Rick Hall	22 <sup>nd</sup>	James Good
11 <sup>th</sup>	Orville H. Husk	25 <sup>th</sup>	Bud Van Fossan
14 <sup>th</sup>	Alice Stoltenberg	25 <sup>th</sup>	Debbie Nix
15 <sup>th</sup>	Richard Good	29 <sup>th</sup>	Reginald Persh



### February Anniversaries

1 <sup>st</sup>	Tom & Glenna Lau
27 <sup>th</sup>	Larry & JoAnne Rhodes



We join in thanking God for His blessings in the past. We ask Him to keep you in His Grace and love in the future. If your birthday or anniversary was not listed correctly, please contact the office.

The next time you are surfing the web stop at the churches website ([titusvillelutherans.org](http://titusvillelutherans.org)) and have a look. There is a wealth of information there. You will find the latest newsletter, calendar, and server's schedule. If you missed church or caught a snooze during Pastors sermon you can listen to it there. Have you ever wondered how many bags of food or clients are feed each month by the food pantry check out the food pantry page it's all there. So please stop by and have a look. If you see anything missing or would like something add just send me an email. Your web person

Nancy Hamlin [njh1@bellsouth.net](mailto:njh1@bellsouth.net)



## From the Elders' Corner



One of my favorite childhood memories is when, at the end of supper, my dad would say, "Get the books". Then one of my sisters or I would rush to get the family Bible and Portals of Prayer from the family desk and my dad would conduct our family devotions. I have to admit I was not the best student at the time; all I wanted was to get up and go out and play. But at this stage of my life I would love to sit at our kitchen table and listen to my dad share the Word with us.

If you feel this is something you or your family would benefit from, there are many resources available today. Portals of Prayer is available at the Welcome Center in both church buildings. A Google search under "Daily Devotion" on your computer or iPhone gives a wealth of possibilities. Lutheran Hour Ministries has an excellent daily devotional program. If you have questions, Pastor Bruce or any of the Elders can answer them.

As I promised a more complete bio on the individual Elders, here's a brief history of my life.

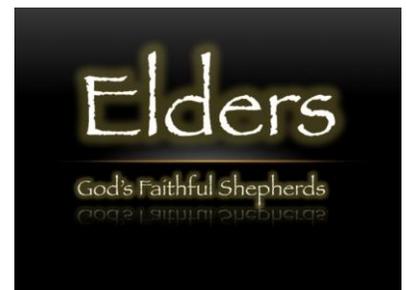
I was born in Minneapolis, Minnesota as Ricardo Shubert. My mother passed away when I was two years old and my father was unable to care for me, so my father's niece adopted me, and I became Richard Steller. From there I grew up on a small apple farm, with all of the chores and responsibilities required of a child living on a farm. My family attended Our Savior's Lutheran Church in Excelsior, MN, where I was a member for 60 years. During that time I held various positions in the church, including six years as an Elder.

After high school, I attended Dunwoody Industrial Institute, graduating as an Apprentice Tool and Die Maker. During my career I worked for various companies as a Machinist, Tool and Die Maker, and Drafter/Designer.

I was married to my first wife, Janet, in 1968. We raised two daughters and a son. Janet passed away in 1993 from lung cancer.

Upon my retirement in 2002, Carol and I were married and I moved to Florida. I'd known Carol many years as she was a college roommate of my first wife. We lived in Homestead, FL, until Carol retired from teaching in 2008. At that time we moved to Titusville to be closer to grandchildren and other family. Between us, we have two sons, three daughters, and six grandchildren...all boys!

Carol and I enjoy all of the opportunities for service, the active social life, and all of the good friends we have made here at Good Shepherd Lutheran Church. One last item....my apologies to Art Kranz...he plays the saxophone, not the trombone! Until next month, God's Blessings,



Dick Steller



## Helpful Health Hints By The Congregation Nurse



February is traditionally Heart Health Month, and this year I would like to share some information about Blood Thinners.

Blood thinners are medications often prescribed to people who have been diagnosed with some forms of heart disease. They prevent blood clots that can stop the flow of blood to the heart, lungs, or brain, and cause a heart attack or stroke.

Some blood thinners thin the blood to keep blood cells from sticking together in the veins and arteries (antiplatelet). Others prevent clots by increasing the amount of time it takes for the clot to form (anticoagulants).

Aspirin, Plavix, Persantine, Ticlid, are examples of antiplatelet drugs. Examples of anticoagulants include Warfarin, Lovenox, and heparin. There are some newer anticoagulants that have less risk of bleeding including Pradaxa, Eliquis, and Xarelto.

There are various foods, herbs, and medications that can interfere with blood thinners making them either more or less effective than the dose suggests. However, not all blood thinners are affected by the same substances, so it is important for your doctor to be aware of your diet.

Foods high in Vitamin K can lessen the effectiveness of some anticoagulants, and herbal supplements and teas can increase your risk of bleeding and the amount of time you bleed. Alcoholic beverages and cranberry juice can also be harmful and should be avoided.

Over the counter medications should be used with caution since a number of antibiotics, anti-fungal drugs, pain relievers and stomach acid reducers can increase your risk of bleeding.

Excessive bleeding is the most common side effect when taking blood thinners. Nose bleeds, bleeding gums, bloody or discolored urine or feces, prolonged bleeding from a cut can occur. Other side effects include dizziness, muscle weakness, hair loss, or rashes.

Your need to be aware of the possibility of internal bleeding after an injury when you are on blood thinners. Seek medical care if you experience any side effects that would suggest you are bleeding.

Certain foods and herbs are natural anticoagulants and can help prevent your blood from clotting; they should be used with caution. Foods rich in vitamin E are also natural blood thinners. A number of oils contain vitamin E such as olive, corn, soybean and wheat germ. Natural anticoagulants can be beneficial to your heart health, but should be eaten with caution.

I will put a list of foods and herbs on the bulletin board for your information.

Barbara  
(Adapted from the Texas Heart Institute)

## LWML NEWS

**WONDERING WHAT TO DO** with empty inkjet printer cartridges, empty laser printer cartridges, used cell phones, laptops (include power cords) digital cameras, e-readers, tablets, GPS systems, and Scientific Calculators? Here's a suggestion-donate them to the LWML. We will collect them and redeem them for cash to help fund the LWML's 2019 National Convention in Birmingham. Ask your family, friends neighbors-even the place where you work-if they would like help disposing of their empty inkjet and laser cartridges or other recyclable items. Then, bring them to church and drop them in our collection box in the meeting room by the Food Pantry or in the Gathering Room in Shepherd's Hall. We'll appreciate your help.... and so will the environment.



### Wish Him Well

A new era has begun with many of us believing an error has ended. I respect the office of President as it has to be THE most difficult job ever to be. The balance of the entire free world is right at his fingertips. For that I have to fault President Obama and say in many areas he failed horribly. I have to give him credit in one area that I was opposed to at first, the Space program. His letting the Shuttle die to me was not good but the way he did it was awesome. He opened Space to the general public and now the Space industry in Brevard is blasting off. Bezos of the Amazon fame has begun building a huge 750,000 sq, ft. building to do nothing but make Space stuff. That with the more than a dozen companies expanding or moving here the net effect will be more jobs than before. We had droves of people leaving and now they are pouring back in. We can see the improvement all around us as building and renovation projects abound and a large number of the new jobs are high tech with accompanying high pay. A win/win/win for Brevard.

For all the bad judgements he seemed to make, I wish Obama well.

Joseph Laberge



### Food Pantry News

Because of the donations for the Thanksgiving holiday, we able to give 67 bags for families of 201 members. Also for Christmas we gave 56 bags which fed 149 family members. Many people were close to tears when they received the food. Thank you for all donations

The Food Pantry Committee



## From the Thrivent Corner:

Thrivent Financial, as a non-profit organization, has many ways of giving back to the community those tax dollars that it does not have to send to the IRS. If you are a Thrivent member, you have several opportunities to choose where the Thrivent monies are spent.

One way is through forming **Thrivent Action Teams**. Our Congregation and Preschool have benefited from many fund-raisers and service projects over the past years, and will continue in the future. Thrivent Action Seed Money of \$250 for each project has provided mulch for the preschool playground, funds for the Book Fair, Food Pantry supplies, help to the Youth Group, supplies for Rebecca's Garden, and a recent Action Team is helping to purchase tablets and obtain WiFi for Shepherd's Hall. Thrivent's help has been invaluable to our church and school through Action Teams and YOU are to be commended for taking advantage of this opportunity. Depending on your personal Thrivent account, you are eligible to apply for **one or two** Thrivent Action Team funds of \$250 each calendar year. Within this congregation, that is a potential pot of gold for our church!

Another way that Thrivent donates money directly to our church and preschool is through **Thrivent Choice Dollars**. The number of Thrivent Choice Dollars for each account holder is based on insurance premiums and contract values. Those dollars (coming out of Thrivent's pocket, not yours) can be directed to any charity you choose, and again, our church and preschool have benefited from those dollars for many years. **The deadline for directing your current Choice Dollars is March 17, 2017.**

**Here's how to direct your Thrivent Choice Dollars:**

Go online to your account at  
**Thrivent.com/thriventchoice**

Click on the blue "**Get started now**" link located on the right side of the screen under "**Direct Choice Dollars®**" (login is required).

Select an organization you've previously directed Choice Dollars to or search the catalog for a different preferred organization.

Check the box to direct all Choice Dollars or enter an amount, then click on "**Direct Now.**"

If you would like to form a **Thrivent Action Team** or need help in directing your **Thrivent Choice Dollars**, please call Carol Steller at 321.225.4242. Remember, you can form one or two Thrivent Action Teams in each calendar year, so start now! Also, remember that your current Thrivent Choice Dollars need to be given to a specific charity by **March 17, 2017.**

Thank you to **Thrivent Financial!**  
In His Name,  
Carol Steller



Thrivent Financial  
"Choice Dollars"



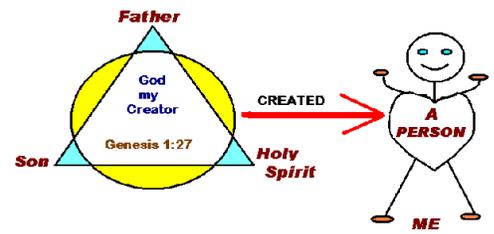
## Creation/Evolution

We have all heard the question posed, what came first the chicken or the egg. With DNA and RNA the question applies here also. What came first RNA or DNA? The question is even more profound than the chicken/egg question.

DNA is the code for life. Every single part of you is encoded in your DNA and the decoding mechanism, RNA, is in the DNA. Both are required at the same time to have either. Imagine you want to print a book but the instructions on how to print the book are in the book but you cannot get to those instruction until you print the book. That is the relationship between DNA and RNA. DNA is useless without RNA and vice versa. Design is so blatantly obvious to everyone, except the diehard evolutionist.

There is no evidence that DNA evolved. It is as if DNA sprang into being. For a human it is 3 billion letters long. In the case of RNA it is about 4898 base pairs which is included in the DNA. Imagine a book with 3 billion letters in it making up that book but unless the order of those letters is perfect you cannot read the book. That is DNA. Wrong order the RNA cannot read the book. Evolution. Satan's handiwork for sure.

Joseph Laberge



## Handyman

Many church members took advantage of our handyman services this past month and we invite all church members to avail themselves of it. Keith Werden had us come out and examine the problem with his pump. The problem was identified and will be fixed as soon as Keith has recovered from his medical emergency. We wish him well. Judy and Mike Bross needed a towel rack re-installed so that was done and for Garry Coleman a heavy box was placed on a high shelf in his garage. (Which I dropped causing 52 pickup, Sorry Garry). We still have a few jobs lined up but don't be afraid to let us help if you have anything needing done. In the meantime every Monday from 9 AM until Noon we are at the church attending to the grounds. Call me at 321-268-3465 and talk to me or leave a message or call the church 321-267-4323.

Remember we won't replace your A/C or your roof but we can be part of the process of determining what the problem is. I personally was told my A/C needed to be replaced at a cost of \$3500 but found another company that correctly identified the problem and fixed it for \$1500. All because I basically knew what the problem was going in. If you need a shelf installed, a door knob replaced or most anything else call us. The cost is 0, all we ask is you consider putting something in the plate on Sundays.

Joseph Laberge



## 10<sup>th</sup> Annual Shepherd's Hall Chili Cook-Off

Join us on Sunday, February 19<sup>th</sup> after the single service at 10:00am in the Sanctuary, for "some of the best chili this side of Texas!" Sign up sheet is located in the Narthex of the Sanctuary and the Gathering room of Shepherd's Hall. Cook up a pot of chili and compete – prizes will be given! \*1<sup>st</sup> is \$100.00, 2<sup>nd</sup> is \$50.00 & 3<sup>rd</sup> is \$25.00 – or just join us to taste and eat some great chili and enjoy some great fellowship. 50/50 proceeds. 50% will help send our youth to the 2019 LCMS National Youth Gathering. 50% will go to the roof fund.

\*Contest proceeds must equal \$200.00 or prizes will be adjusted accordingly.

